



1st Harston Scouts

Water Activities Consent Form

On occasion we may participate in water activities such as kayaking, canoeing, raft building or sailing. These may be run either by suitably qualified and competent members of our own leader team or other members of The Scout Association or by external providers. The following advice has been provided by our local Scout Water Activities Advisor for your information when taking part in such activities.

What to wear, how to prepare.

Participants will need a change of clothes, it should be assumed that everything they wear on the water will get wet.

Footwear must be worn while paddling or on the water particularly. This must have flexible soles, e.g. wet shoes or old trainers in order to ensure they fit into kayaks etc..

An old cagoule, even if not waterproof, is very useful to keep the breeze off and reduce chill factor.

If a cool day, light weight polyester fleeces are very good at keeping paddlers warm even when wet.

Sun cream is advised

There are generally no changing facilities so a towel large enough to change discreetly under is necessary.

Any cuts need to be covered by well adhered waterproof dressings.

Information - Weil's Disease.

Whilst the likelihood of contacting Well's Disease is very low, your attention is brought the following. Weil's Disease is a bacterial infection carried in rat urine which contaminates water and wet river banks. The bacteria does not survive for long in dry conditions. It can be a serious illness requiring hospital treatment, and can lead to kidney or liver failure. Weil's Disease is a notifiable illness. The bacteria are absorbed through the skin or mucous membranes of the mouth and eyes. It gets into the blood stream very easily if you have a minor cut on your skin or feet, if you become immersed. If you feel ill - particularly after paddling in stagnant water or pools - or have any of the following symptoms, call your doctor promptly. The most common early symptoms are high temperature, an influenza-type illness and muscle pains. Tell your doctor that you have been undertaking water activities and where and ask if you can have a blood test for Weil's Disease.

Following advice is taken from the British Canoeing web site

Ways to avoid contracting Weil's disease are very simple:

- Avoid capsizing or "rolling" in stagnant or slow moving water, particularly where rat infestation is obvious.
- Wash or shower as soon as possible after canoeing.
- Cover minor cuts and scratches with waterproof plasters before getting in your boat.
- Wear trainers or wetsuit boots to avoid cutting your feet.
- If you have flu-like symptoms after canoeing go to your GP and tell them you have been on the water.

Parental Permission & Declaration

Name of Scout		Age on 1st Sept. 2018	
Medical, Allergies & Conditions:	Does the child suffer from a medical condition requiring prescription medication to be taken at during the activity? Please enter details as appropriate. Use space below.	Y	N
	Does the child suffer from any significant allergies. Please enter details as appropriate together with details of medication carried or required. Use space below.	Y	N
	Does the child have special needs? The Section Leader will contact you in confidence to discuss your child's specific needs with a view to supporting the child in this Scouting activity.	Y	N
Swimming & Water Activities	Is the child able to swim 50m unaided?	Y	N
	Has the child previously participated in any water activities?	Y	N

I confirm that I consent to my son/daughter participating in water activities under the close and effective supervision of the instructors and leaders of 1st Harston Scout Group or any other persons suitably qualified under the requirements of the Policy Organisation and Rules of The Scout Association.

Signature

Date

Name of Parent/Guardian:				
Home Address:				
			Postcode:	
Email address:				
Telephone numbers:	1)		2)	

Date received by Section Leader: